



## RECREATION AND PARKS ASSOCIATION OF NUNAVUT (RPAN) RETURN TO PLAY

These guidelines are RPAN guidelines for the safe return to RPAN winter program activities given the COVID-19 restrictions in place in Nunavut. These guidelines may be updated at any time to ensure they are aligned with the Chief Public Medical Officer (CPMO) health and safety requirements as facilities open.

It is important to note that **ALL COMMUNITY GUIDELINES ALREADY SUBMITTED AND APPROVED BY THE CPMO TAKE PRECEDENCE OF THIS GUIDELINE.**

Each community must be in compliance with orders and guidelines issued by the CPMO and must be available to the public.

### Operations

	Item	Protocol
1.1	Compliance with regulations	All RPAN activities must adhere to all territorial and municipal laws, regulations, by-laws and orders. This includes but is not limited to compliance with: <ul style="list-style-type: none"> <li>• Physical distancing measures</li> <li>• Health and safety regulations</li> <li>• Size of permitted gatherings</li> </ul>
1.2	Compliance with guidelines	Training must implement and comply with the current and any updated version of these guidelines. The RPAN Return to Play Acknowledgement Form must be completed and returned to program supervisors before activity commences. See Appendix RPAN Return at Play Guidelines Acknowledgement Form (appendix A). Daily tracking sheets must be completed by staff. Hamlets must retain copies of all tracking sheets until the end of the program. Copies of all tracking sheets must be provided to RPAN on a biweekly basis.
1.3	Facilities	Facilities are responsible for ensuring they meet government and public health guidelines. Program staff should satisfy themselves that the facility is operating in compliance with the advice, recommendations and instructions of public health officials. This includes at a minimum: <ul style="list-style-type: none"> <li>• Implementing effective measures to manage the flow of traffic in and out of the facility.</li> <li>• Ensuring that any person who enters or uses the facility maintains a physical distance of at least 2m from any other person who is using the facility.</li> <li>• Scheduling and implementing cleaning between each group activity use of any facility.</li> <li>• Wiping down / sanitizing high touch areas such</li> </ul>

		<ul style="list-style-type: none"> <li>• Ensuring closure of dressing rooms, locker rooms, change rooms, and showers in the facility, except to the extent they provide access to a washroom or a portion of the facility that is used to provide first aid.</li> <li>• Ensuring the facility maintains their own insurance on their facility.</li> <li>• Trash bin with lid for disposing of tissues and other PPE must be available.</li> <li>• No loitering in facility or outside venue before or after program.</li> <li>• Work with facility to establish flow of participants.</li> <li>• RPAN has provided all communities with hand sanitizer, disposable masks and wipes to be used for all three winter programs.</li> <li>• Only participants are allowed in the venue...no spectators.</li> </ul>
1.4	Self-Assessment Screening	<ul style="list-style-type: none"> <li>• All individuals taking part in activities must conduct symptom screening using the Health Screening Questionnaire (Appendix B) in accordance with current public health guidelines before each session. Individuals must not attend any activities if they answer “yes” to any of the questions. A copy of the completed questionnaire should be kept by one person. The information will be required in the event of any COVID-19 cases and parents/guardians should be aware in advance that it will be shared with public health should a case occur.</li> <li>• Implement and enforce a zero-tolerance policy for any participation while sick.</li> <li>• <b>The program staff will be responsible for tracking by completing daily participation/tracking forms. Such a forms will need to be made available should it be requested by the Hamlet or the CPHO.</b></li> </ul>
1.5	Tracking & Contact Tracing	Each community is responsible to track all participants and parents attending activities. This is necessary to track contacts if someone contracts the virus.

## Training

2.0	Limitations to training group size	<ul style="list-style-type: none"> <li>• <b>25</b> people including participants and staff or as per the guidelines of the CPMO and Hamlet. Hamlet of DEA guidelines to take precedent is different.</li> </ul>
2.1	<b>Physical distancing</b>	<ul style="list-style-type: none"> <li>• All persons shall maintain a distance of at least two (2) metres apart from any other person while in public, excepting members of their immediate household.</li> </ul>
2.2	Personal hygiene	<p>Individuals must follow the appropriate personal hygiene guidelines as recommended by the CPMO.</p> <ul style="list-style-type: none"> <li>• Wash / sanitize hands upon entry to site/facility and at the completion of activity</li> <li>• Keep hands off your face</li> <li>• Disinfectant wipes or hand sanitizer must be available at the facility.</li> <li>• No high-fives or handshakes</li> <li>• Hand Sanitizer will be available and provided by RPAN to Hamlets.</li> </ul>
2.3	Pre-registration	Registration will be done in advance of the start of the program, only those registered will be allowed to participate.

2.4	Personal items	<ul style="list-style-type: none"> <li>• Personal items such as water bottles will not be shared.</li> <li>• Personal items must be clearly labelled.</li> </ul>
2.5	Shared equipment, cleaning	<ul style="list-style-type: none"> <li>• Shared equipment should be sanitized after every program.</li> </ul>
2.8	Change rooms	<p>Changerooms will be opened and available to a capacity of 10 people per room.</p> <p>Participants will be encouraged to wear their gear to the venue.</p>
2.10	Spectators	<ul style="list-style-type: none"> <li>• <b>NO spectators will be permitted in the facility during activities.</b></li> <li>• <b>If a children requires special assistance to participate, 1 parent/guardian may help...but this number is inclusive of the 25 maximum.</b></li> <li>• <b>Spectators will be limited to the indoor gathering limits provided by CPHO; as per Public Health Order.</b></li> </ul>
2.11	First aid	<p>Hamlets need to ensure that personal protective equipment (PPE) is available in the event of an emergency. In the event that first aid is required to be administered during an activity, all persons attending to the injured individual must first put on a mask and gloves.</p>

### Disclaimer

The Recreation and Parks Association of Nunavut (RPAN) Return to Play guideline is intended to be used for the purposes set in this document. It is important to note that the RPAN's Return to Play guidelines is not a legal document and is to be used as a guide only.

In the event of an ambiguity or conflict between the RPAN's Return to Play guidelines and the Nunavut Chief Public Medical Officer regulations, occupancy limits or orders thereunder, the CPMO regulations, and order will prevail.

## Appendix A

### RPAN Return to Play Guidelines Acknowledgement Form

Participant Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Contact Email: \_\_\_\_\_

Please read the **Recreation and Park Association of Nunavut Return to Play Guidelines** carefully to ensure that you understand before signing this document.

Acknowledgement: I have read and been informed about the content, requirements, and expectations of the Guidelines.

I hereby agree to abide by the Guidelines as a condition of participating in RPAN related activities in the Nunavut Territory.

I understand that these Guidelines may be updated at any time and that I am responsible to read the updates. Additionally, I hereby commit to abide by all future versions of the Guidelines in the applicable timeframes.

I understand that if I have questions, at any time, regarding the Guidelines, I will contact the Hamlet for clarification.

Participant Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Appendix B

### Sample Health Screening Questionnaire

Individuals must complete this questionnaire prior to their participation in an activity. This questionnaire may be completed verbally but should be completed each time the individual participates.

The answer to all questions must be “NO” in order to participate in each Club Activity.

1. Do you have a fever? (feeling hot to touch, a temperature of 37.8C or higher)

Yes \_\_\_\_\_ No \_\_\_\_\_

2. Do you have any of the following symptoms?

Cough Yes \_\_\_\_\_ No \_\_\_\_\_

Shortness of breath Yes \_\_\_\_\_ No \_\_\_\_\_

Runny nose, sneezing or nasal congestion Yes \_\_\_\_\_ No \_\_\_\_\_

(not related to other known causes such as seasonal allergies, etc)

Sore Throat Yes \_\_\_\_\_ No \_\_\_\_\_

Difficulty Swallowing Yes \_\_\_\_\_ No \_\_\_\_\_

Lost sense of taste or smell Yes \_\_\_\_\_ No \_\_\_\_\_

3. Have you travelled outside of Nunavut or Canada or had close contact with anyone that has travelled outside of Nunavut or Canada in the past 14 days?

Yes \_\_\_\_\_ No \_\_\_\_\_

4. Have you had close contact in the past 14 days with anyone with a new cough, fever or difficulty breathing or a confirmed case of COVID-19?

Yes \_\_\_\_\_ No \_\_\_\_\_

If an individual answers “YES” to any of these questions, they are not permitted to participate in any activities.